

# PREVENTION AND HANDLING OF SEXUAL VIOLENCE (PPKS) ON ISLAMIC ADOLESCENTS IN JUNIOR HIGH SCHOOLS THROUGH EDUCATION AND SOCIALIZATION

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### **ABSTRACT**

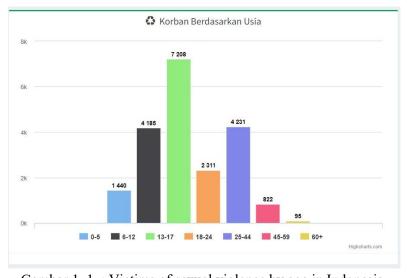
This Program, Community Services to Educates About PPKS (Prevention and Handling of Sexual Violence) on Muslim Teenagers at Al-Washliyah Private Middle School, Kampung Lalang Village, Medan Sunggal District, Medan City, North Sumatra Aims to provide an understanding of the meaning of sexual violence, types of sexual violence, the impact of sexual violence, how to prevent sexual violence and provide an experience related to the PPKS (Prevention and Handling of Sexual Violence) Officer Unit. For the activities to run smoothly PKM, the service team conducted data collection techniques using interviews with Al-Washliyah Middle School. The solution provided is to transfer knowledge to students through the Education Seminar on PPKS (Prevention and Handling of Sexual Violence). The cost of implementing PKM activities is Rp. 421,000.00 (Four Hundred and Twenty One Thousand Rupiah). After implementing community service activities in the form of training and seminars for students, the results of the service were obtained that A lack of understanding of literacy about PPKS (Prevention and Handling of Sexual Violence) Students can be resolved through training activities so that there is an understanding of the definition of sexual violence, forms of verbal sexual violence, prevention of sexual violence, PPKS task force, sexual violence on social media and how to act if experiencing harassment. The unavailability of a division to handle PPKS (Prevention and Handling of Sexual Violence) has been overcome by proposing the formation of a unique team and training for teachers at Al-Washliyah Private Middle School. The school has responded to this well with a plan to form an exceptional team, and the PKM team also suggested tightening the rules that apply in schools and providing rewards/punishments.

Keywords: Education, PPKS, Sexual Violence, Muslim Youth

### INTRODUCTION

In Indonesia, crimes vary from physical violence to economic crimes; these crimes are often committed by individuals or specific groups seeking personal gain or satisfaction without considering the negative impact on the victim or society. The desire to gain wealth, power, and influence often makes people commit crimes. Lack of education and awareness of the law and moral values can also increase crime (Scarduzio, 2019). Many people do not understand or realize the impact of criminal acts, and in some cases, they are not aware that their actions are criminal. Low education and limited access to information can also lead to a lack of understanding of the legal implications of the actions taken (Wulandari, Habiba D., 2024). One of the crimes that arises as a result of low education and lack of moral awareness is sexual harassment, which can even develop into sexual violence.

Sexual violence is any act that degrades, insults, harasses, and attacks a person's body and reproductive function due to unequal power relations and gender, which results in or can result in psychological and physical suffering, including those that disrupt a person's reproductive health and loss of opportunities to carry out higher education safely and optimally (Permendikbud Ristek No. 30/2021). According to Michael Foucault (Ritzer et al., 2003), sexual violence occurs due to an imbalance of power between the perpetrator and the reporter so that in this position, the perpetrator has the "power" or strength to control the reporter's authority rights. Sexual violence can also occur in various forms, ranging from verbal harassment to physical actions, which often hurt victims, especially adolescents (Syaefudin, Didin., 2022).



Gambar 1.1: Victims of sexual violence by age in Indonesia

Source: KemenPPPA, September 2024

Based on data from the Ministry of Women's Empowerment and Child Protection (KemenPPPA), most cases of sexual violence occur in the 13-17 year age group, which is This age is a very vulnerable phase of adolescent development. During this transition period, adolescents experience psychological and physical changes. Like it or not, everyone will experience this period of challenges for themselves and the surrounding environment (Hikmandayani., 2023). Unfortunately, adolescence, which should be a time to learn and grow,

is often colored by the risk of sexual violence, both inside and outside the educational environment.

The phenomenon of sexual violence against adolescents is not new in everyday life. It is common knowledge that parents feel taboo when discussing sexuality with their children. A strange and awkward feeling cannot be avoided when talking about sexuality, so the sexual education that parents should convey to children is not conveyed. Schools also do not teach about sexual education. Sexual education is only given in tiny portions to students; just as parents feel awkward when conveying sexuality issues to children, teachers also feel awkward and feel they do not have to explain sexuality issues to students at school (Musa, M., 2023).

In recent years, sexual violence has become one of the issues that the public has highlighted through news media and social media (Soejoeti & Susanti, 2020a). All places have the potential for sexual violence, including educational institutions, which are places for the development of knowledge (Apriadi & Khadafie, 2020) (Rohima et al., 2023). Sexual violence in schools is a problem that should not happen. Because schools are a place for children to hone their skills, not a place where children get inhumane behavior (Sari, Desita., 2022), this phenomenon is a serious concern for the government, educational institutions, and the general public, especially in religious communities such as in the Muslim youth environment.

The Al-Washliyah Social Charity Foundation in Kampung Lalang Village is one of the educational institutions that plays a role in educating Muslim teenagers. This foundation is located at Jalan Tahi Bonar Simatupang No. 67, Lalang, Medan Sunggal District, Medan City, North Sumatra. This school used to be a donation from scholars around the 60s. Development continues to occur yearly, and the number of students continues to increase yearly. However, when COVID-19 occurred, Al-Washliyah Middle School experienced a decrease in the number of students. The number of junior high school students at the Al-Washliyah Social Charity Foundation in Kampung Lalang Village is 28 students and 14 teachers.

Judging from the atmosphere at Al-Washliyah Middle School, it can be seen that many students are doing activities that they should not do during class hours, such as gathering with the opposite sex, and several students are seen doing activities outside the classroom that do not support the teaching and learning process, but rather playing during class hours.



Gambar 1. 2 The atmosphere of Al-Washliyah Middle School in Lalang Village

Source: Survey Documentation, September 2024

Muslim teenagers, as part of the next generation, need proper education on the importance of preventing and handling sexual violence. Islam teaches compassion, justice, and respect for human rights, strictly prohibiting all forms of violence, including sexual violence. In the Qur'an and Hadith, many foundations emphasize the prohibition of sexual violence, respect for fellow human beings, and maintaining one's honor. Some verses that emphasize the importance of maintaining honor and not doing injustice to others are:

1. Al Qur'an Surah Al-Isra' verse 32

"Janganlah kamu sana zina". Indeed (zina) itu adalah perbuatan keji dan jalan walwars." (QS Al-Isra' (17:32))

2. Al-Qur'an Surah An-Nur verse 30

"Katakanlah kepada laki laki yang laki yang menjak menjaja dalpashannya dan kemaluannya kemaluannya." Thus itu lebih suci bagi meraka. Verily, Allah is Most Gracious against what they do." (QS An-Nur (24:30))

3. Hadith of Rasulullah SAW (HR. Ibnu Majah and Ahmad).

Rasulullah SAW said, "You must not do anything that endangers yourself or others." (HR. Ibnu Majah and Ahmad).

The hadith and verses above emphasize that Islam strictly forbids all forms of dangerous actions, including sexual violence. Every Muslim is ordered to maintain the safety of themselves and others, both physically and psychologically. Therefore, an approach based on Islamic values in providing education on the Prevention and Handling of Sexual Violence (PPKS) is fundamental. This is done so that teenagers understand the boundaries of appropriate interactions, social ethics, and how to respect themselves and others.





Gambar 1. 3 Interview Documentation with the Principal and Deputy Principal of the Al-Washliyah Social Charity Foundation in Lalang Village

Based on the results of a brief interview with the Vice Principal of Al-Washliyah Private Middle School on Wednesday, September 14, 2024, it was stated that no division or unit handles the Prevention and Handling of Sexual Violence Harassment (PPKS). The school only provides Guidance and Counseling (BK) compliant facilities. Al-Washliyah Middle School teachers who directly monitor all forms of activities carried out by students at school and outside of school, teachers will educate students not to do unwanted things by informing them of the negative impacts that will be obtained. The school holds discussions with students and staff to explore their experiences and conducts observations in the classroom and school environment to assess behavior and school culture changes.

So far, the school has only received reports of violence, such as disputes between male students, not to the point of sexual harassment. However, if it happens, the teacher will immediately call the students involved to see the perpetrator or victim and then find a solution by bringing together the parents of each party. The school will ensure protection for the victim by making a letter of agreement to the perpetrator according to the agreement of the parents concerned not to disseminate or report to the police, which can damage the school's good name, so the school will handle it, and provide an appeal and even a warning to the perpetrator. Furthermore, convey to parents that they should pay more attention and supervise the activities carried out by students.

Some of the challenges faced by the school are when students find it difficult to understand not to do unwanted things, the efforts made by the school are to instill religious education and then tell students not to date because, at that age, they are very vulnerable to great curiosity and self-destruction. If unwanted things are still done, the school's efforts to overcome students who violate are that the school will provide warnings and guidance to students. The school will monitor the use of students' smartphones according to mutual agreement.

# LITERATURE REVIEW

Prevention and handling of sexual violence (PPKS) in the school environment is a crucial issue, especially for adolescents who are in a vulnerable period of development. This study describes the relationship between research variables and theories that support the Prevention and Handling of Sexual Violence (PPKS) in educational environments. First, the variable of knowledge about PPKS in adolescents is considered crucial, especially in school environments that are vulnerable to sexual violence. Previous studies, as discussed by Scarduzio (2019) and

Wulandari (2024), show that a lack of understanding regarding the types and impacts of sexual violence can increase the risk of violence among adolescents. Thus, increasing student knowledge about PPKS is expected to be able to reduce the number of sexual violence in schools.

Furthermore, the variable of the existence of the PPKS task force in schools is related to the concept of power and social relations by Michael Foucault, who stated that power imbalances in society can trigger unjust actions, including sexual violence (Ritzer et al., 2003). In this case, the PPKS task force functions as a balance of power that protects students from sexual violence. Special teams trained to handle such cases provide a safe channel for students to report violence incidents, as Musa (2023) and Syaefudin (2022) suggested.

In addition, preventive education theory emphasizes the importance of educating vulnerable groups, such as adolescents in schools, to increase awareness and resilience to sexual violence (Apriadi & Khadafie, 2020). This preventive education includes information on the definition, types of sexual violence, and preventive and handling steps that can be taken. In the context of this study, the socialization of PPKS at Al-Washliyah Private Middle School aims to increase student literacy about sexual violence so that they can recognize, prevent, and report unwanted incidents. By linking these variables to the study, theories from various social and educational perspectives provide a strong foundation for developing effective PPKS programs in the school environment.

# RESEARCH METHODS

This PKM program is carried out by collecting descriptive and qualitative data, which is then analyzed and processed to solve problems faced by partners. In implementing this PKM, the following methods are used:

a. Data Collection Techniques

Data collection was carried out through interviews with the Principal of Al-Washliyah Private Middle School so that information was obtained regarding:

- o State of knowledge/understanding of PPKS (Prevention and Handling of Sexual Violence)
- b. Data Analysis Techniques
  - o Descriptive Analysis
  - o Providing education and understanding regarding PPKS (Prevention and Handling of Sexual Violence)

Figure 3.1 below shows a flow diagram of work procedures to support the realization of The methods offered in PKM activities are:

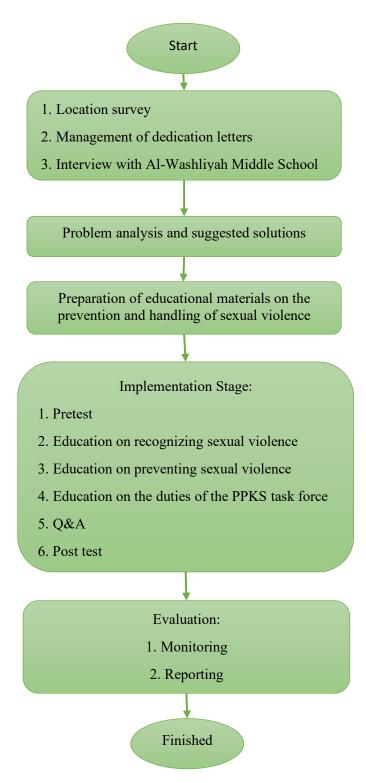


Figure 3.2 Flowchart of PKM Activity Implementation

The Student Creativity Program (PKM) activity began with a direct visit to the partner's location, namely the Al-Washliyah Social Charity Foundation in Kampung Lalang Village. At that location, the PKM Team conducted interviews to collect important information related to the conditions and problems faced by the school. After collecting all the necessary data, the team discussed formulating the right solution to the problem. The following process involves implementing the planned solution, socializing with the school about how the solution works, and validating to ensure that the solution provided is appropriate and effective in answering the partner's needs.

# 1.Initial/preparatory stage

a. Identifying understanding of PPKS (Prevention and Handling of Sexual Violence) at Al-Washliyah Private Middle School, Kampung Lalang Village.

The team conducted data collection and problem-solving with partners. The team met with partners to record the problems faced and then discussed the best solution. This solution is expected to meet the needs and understanding of students at Al-Washliyah Private Middle School, Kampung Lalang Village.

# b. Determine the form of activity to be carried out

After the community service team coordinated with Al-Washliyah Private Middle School, Kampung Lalang Village, it was agreed that there would be an educational socialization for students about PPKS (Prevention and Handling of Sexual Violence), which includes the definition of sexual violence, types of sexual violence, the impact of sexual violence, the influence of pornography on perpetrators of sexual violence, how to prevent sexual violence and the duties of the special team with a duration of 2 hours. The activity will be carried out after the schedule is agreed upon according to the predetermined plan.

# 2. Implementation Stage

The Implementation Stage is in the form of Socialization related to education about PPKS (Prevention and Handling of Sexual Violence) planned for Saturday, October 5, 2024, at 09.00 to 11.00 WIB.

- 3. Final stage
- a. Evaluation of the achievements and benefits of socialization received by Al-Washliyah Private Middle School, Kampung Lalang Village.
- b. Publication of community service results in national journals indexed by Google Scholar and community service videos on online media YouTube.

### RESULTS AND DISCUSSION

The results of the community service activities carried out at Al-Washliyah Private Middle School, Kampung Lalang Village, include:

# 1. Providing education in the form of understanding the material on the Prevention and Handling of Sexual Violence (PPKS)

Educational activities related to the Prevention and Handling of Sexual Violence PPKS were held on Saturday, October 5, 2024, at Al-Washliyah Private Middle School, Kampung Lalang Village, Medan Sunggal District. The purpose of this activity is to provide a deep understanding of the meaning of sexual violence, the various forms that may occur, and the impacts that arise for both victims and the community. In addition, the material presented also includes how to prevent sexual violence and the steps that can be taken in dealing with sexual violence. Students' enthusiasm for participating in educational activities was visible while delivering material on the Prevention and Handling of Sexual Violence (PPKS).



Gambar 5.1 Students' enthusiasm in listening to the presentation of the material

The students, who were in grades VII, VIII, and IX, showed high interest in listening to the explanation and actively participated in answering questions from the PKM team. The PKM team also gave prizes or rewards to students who successfully answered the questions asked, making them more excited and enthusiastic to participate in this educational activity. In the question and answer session, students asked questions that showed curiosity and deep understanding of the topic. Their desire to learn more and discuss this issue created an interactive and positive atmosphere so that the activity ran smoothly and effectively.

Educational activities on Prevention and Handling of Sexual Violence (PPKS) were carried out by female students of Medan State Polytechnic and attended by 10 students from grades VII and IX at Al-Washliyah Private Middle School, Kampung Lalang Village. This education includes an understanding of the topic of Prevention and Handling of Sexual Violence for junior high school students. Material on the definition of Sexual Violence, its forms, and impacts was delivered by Tri Asda Juwita, and Siti Halimah Hasibuan delivered Material on the Prevention and Handling of Sexual Violence. *Siti Aisyah delivered the Master of Ceremony*, and Tasya Putri Syabina carried out the Documentation of the Activity.



Gambar 5 .2 Question and Answer Session Documentation

Before the implementation of the activity, the PKM Team recorded the initial condition of students' understanding of PPKS literacy in general by conducting a Pre-test, and it was found that students' understanding of the Prevention and Handling of Sexual Violence (PPKS) was still low. This can be seen from the assessment of several topics, such as sexual violence, with a percentage of 70% correct and 30% incorrect; Power Inequality, with a percentage of 10% correct and 90% incorrect; sexual Violence on Social Media, with a percentage of 50% correct and 50% incorrect, Impact of Sexual Violence with a percentage of 30% correct and 70% incorrect, Verbal Sexual Violence with a percentage of 70% incorrect and 30% correct, about the PPKS Task Force with a percentage of 70% correct and 30% incorrect, Prevention of Sexual Violence with a percentage of 40% correct and 60% incorrect, Impact of Pornography on children with a percentage of 50% incorrect and 50% correct, and finally the topic related to Actions If Experiencing Harassment with a percentage of 60% correct and 40% incorrect. This gap in understanding shows that students do not fully understand the Prevention and Handling of Sexual Violence. The low level of student understanding is the reason that the PPKS education program is very much needed to provide a deeper understanding and make more effective efforts to overcome sexual violence in the school environment.

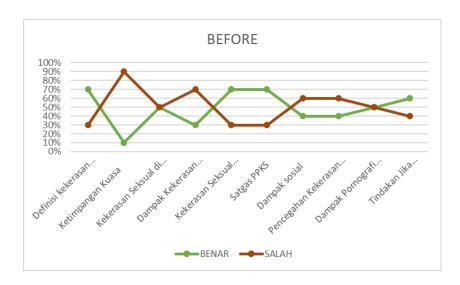
Table 5.1 Percentage of Student Understanding through Pre-Test Before Implementing Education

BEFORE					
No	Uraian	Jumlah Benar	Jumlah Salah	Presentase yang benar	Presentase yang salah
1	Definisi kekerasan seksual?	7	3	70%	30%
2	Ketimpangan Kuasa	1	9	10%	90%
3	Kekerasan Seksual di Media Sosial	5	5	50%	50%
4	Dampak Kekerasan Seksual	3	7	30%	70%
5	Kekerasan Seksual Verbal	7	3	70%	30%
6	Satgas PPKS	7	3	70%	30%
7	Dampak sosial	4	6	40%	60%
8	Pencegahan Kekerasan Seksual	4	6	40%	60%
9	Dampak Pornografi pada Anak	5	5	50%	50%
10	Tindakan Jika Mengalami Pelecehan	6	4	60%	40%
	RATA RATA			49%	51%

Source: Processed data, October 2024

Before the education was conducted, an average of only 49% of students had an understanding of the Prevention and Handling of Sexual Violence, while 51% still did not know about it. This

condition shows that the student's understanding of the Prevention and Handling of Sexual Violence is still low. Therefore, education and socialization are needed to help students understand the Prevention and Handling of Sexual Violence at Al-Washliyah Private Middle School. Further details can be seen in the graph below:



Gambar 5. 3 Graph of results from the pre-test of students' knowledge about preventing and handling sexual violence (PPKS)

After the implementation of education on understanding the Prevention and Handling of Sexual Violence (PPKS), students' understanding of PPKS literacy in general by conducting a Post-test and it was found that student's understanding related to the Prevention and Handling of Sexual Violence (PPKS) increased significantly in the understanding and awareness of Al Washliyah Private Middle School students regarding various aspects of sexual violence. This is reflected in the increase in percentages in various categories previously from the assessment of several topics, such as sexual violence with a percentage of 90% correct and 10% incorrect, Power Inequality with a percentage of 40% correct and 60% incorrect, Sexual Violence on Social Media with a percentage of 80% correct and 20% incorrect, Impact of Sexual Violence with a percentage of 70% correct and 30% incorrect, Verbal Sexual Violence with a percentage of 90% incorrect and 10% correct, about the PPKS Task Force with a percentage of 80% correct and 20% incorrect, Social Impact with a percentage of 70% correct and 30% incorrect, Prevention of Sexual Violence with a percentage of 80% correct and 20% incorrect, Impact of Pornography on children with a percentage of 70% incorrect and 30% correct, and finally the topic related to Actions If Experiencing Harassment with a percentage of 80% correct and 20% incorrect. PPKS education has proven effective in strengthening students' understanding, helping them develop a deeper awareness of sexual violence issues, and strengthening the role of schools in creating a

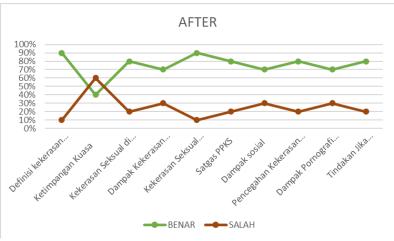
safe and supportive environment for all school communities.

	AFTER					
No	Uraian	Jumlah Benar	Jumlah Salah	Presentase yang benar	Presentase yang salah	
1	Definisi kekerasan seksual?	9	1	90%	10%	
2	Ketimpangan Kuasa	4	6	40%	60%	
3	Kekerasan Seksual di Media Sosial	8	2	80%	20%	
4	Dampak Kekerasan Seksual	7	3	70%	30%	
5	Kekerasan Seksual Verbal	9	1	90%	10%	
6	Satgas PPKS	8	2	80%	20%	
7	Dampak sosial	7	3	70%	30%	
8	Pencegahan Kekerasan Seksual	8	2	80%	20%	
9	Dampak Pornografi pada Anak	7	3	70%	30%	
10	Tindakan Jika Mengalami Pelecehan	8	2	80%	20%	
	RATA RATA			75%	25%	

source: Processed data, October 2024

This shows that students' understanding of the Prevention and Handling of Sexual Violence can be improved with education and socialization programs. The average percentage of students at Al-Washliyah Private Middle School who understand Prevention and Handling of Sexual Violence is 75%, with an increase of 26% from before. In comparison, 25% still need further understanding.

Further details can be seen in the graph below:



Gambar 5. 4 Graph of results from post test of students' knowledge about preventing and handling sexual violence (PPKS)

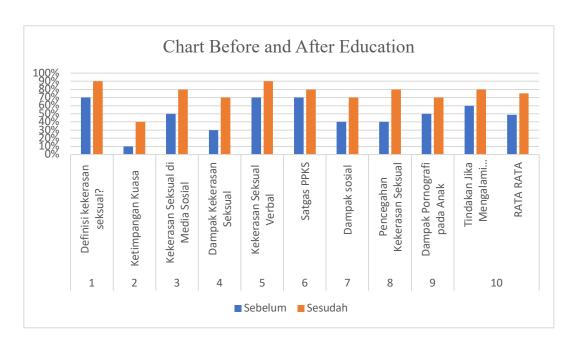
The following is a comparison obtained by the PKM team regarding the understanding of Prevention and Handling of Sexual Violence by students of Al-Washliyah Private Middle School both before education and socialization were carried out and after education and socialization were carried out.

Table 5.3 Results of Percentage of Student Understanding Before and After Education

No	Description	Before	After
1	Definition of sexual violence?	70%	90%
2	Power Inequality	10%	40%
3	Sexual Violence on Social Media	50%	80%
4	Impact of Sexual Violence	30%	70%
5	Verbal Sexual Violence	70%	90%
6	PPKS Task Force	70%	80%
7	Social impact	40%	70%
8	Prevention of Sexual Violence	40%	80%
9	The Impact of Pornography on Children	50%	70%
	Actions to Take If You		
10	Experience Harassment	60%	80%
	AVERAGE	49%	75%

Source: Processed data, October 2024

Based on the table showing the comparison before and after education on the Prevention and Handling of Sexual Violence. There was a significant increase in students' understanding. Before education, only 49% of students had an understanding of the Prevention and Handling of Sexual Violence. However, after education, 75% of students understood the Prevention and Handling of Sexual Violence, in this case, an increase of 26%. Regarding sexual violence, with a percentage of 70%, increasing to 90%. Power Inequality with a percentage of 10%, increasing to 40%, and Sexual Violence on Social Media with a percentage of 50%, increasing to 80%. Impact of Sexual Violence with a percentage of 70%, increasing to 70%; Verbal Sexual Violence with a percentage of 70% increasing to 80%, Social Impact with a percentage of 40% increasing to 70%, Prevention of Sexual Violence with a percentage of 40% increasing to 80%, Impact of Pornography on children with a percentage of 50% increasing to 70%, and finally the topic related to Actions If Experiencing Harassment with a percentage of 60% increasing to 80%.



Gambar 5.1 Graph of Comparison Results Before and After Education

2. Propose the formation of a unique team for the Prevention and Handling of Sexual Violence (PPKS) and provide special training to teachers and staff on how to recognize and handle cases of sexual violence and provide an understanding of reporting procedures, also provide suggestions to schools to update regulations and tighten supervision of the implementation of regulations and provide rewards/punishments.

The following is the achievement of the output targets of Education on PPKS (Prevention and Handling of Sexual Violence) implemented at Al-Washliyah Private Middle School, Kampung Lalang Village, Medan Sunggal District, North Sumatra.

No	Target	100% Achievement		
		Implemented	Not	Yet
		_	Implemented	1
1	Students of Al-Washliyah Middle School will be taught to understand the Material on Prevention and Handling of Sexual Violence (PPKS). Material related to the definition of sexual violence, forms of sexual violence, the impact of sexual violence, how to prevent sexual harassment, and the duties of PPKS.	100%	-	
	711 61 1 111	<b>=</b> 00/	<b>7</b> 00/	
2	Management Field Schools establish a special PPKS team that is responsible for preventing and handling sexual violence.	50%	50%	

	This team consists of teachers, staff, and student representatives who have been specially trained, and the school provides a safe and reliable reporting channel for victims or witnesses of sexual violence.		
Achie	vement of external targets	75%	25%

Of the two indicators of target achievement, education on Prevention and Handling of Sexual Violence (PPKS) has achieved an average success of 75%. Although these results show significant progress, several aspects are still less than optimal, especially in forming a special PPKS team and providing safe reporting channels. However, students' enthusiasm for improving their knowledge is very high, mainly thanks to the education provided by the PKM team. This education helps students understand the importance of preventing and handling sexual violence, in line with the purpose of the PKM team's service, namely to increase students' insight regarding the Prevention and Handling of Sexual Violence (PPKS).

# **CONCLUSION**

The lack of literacy and understanding about PPKS (Prevention and Handling of Sexual Violence) for students can be resolved through training activities so that there is an understanding of the definition of sexual violence, forms of verbal sexual violence, prevention of sexual violence, PPKS task force, sexual violence on social media and how to act if experiencing harassment. The unavailability of a division to handle PPKS (Prevention and Handling of Sexual Violence) has been overcome by proposing the formation of a unique team and training for teachers at Al-Washliyah Private Middle School. The school has responded to this well with a plan to form a special team, and the PKM team also suggested tightening the rules that apply in schools and providing rewards/punishments. Given the importance of understanding the Prevention and Handling of Sexual Violence (PPKS), schools must hold training or competency tests for all teachers. This aims to enable teachers to provide a better understanding of PPKS to students and provide suggestions to the school to update or tighten supervision of existing regulations by implementing a reward and punishment system for students.

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